

Natural Rewards

HEALTH FOOD STORE

Candida Self Scoring Diagnostic Test

Telltale symptoms...do any of the following pertain to you?

First Set

- How many mercury amalgam dental fillings?
- Have been vaccinated in the past 5 years.

All other questions refer to the past year only

- Shaky or irritable when hungry
- Trouble concentrating
- Feel helpless at times
- Feel weak all over
- Crave alcohol (beer, wine, spirits)
- Have taken birth control
- Lost or decreased sexual desire
- Seem to have lost interest in life
- Reaction to cigarette fumes
- Reaction to chemical fumes
- Symptoms worse on damp/muggy days
- Have persistent prostatitis or vaginitis
- Have taken Hydrocortisone type products
- Have had athetes foot and/or jock itch
- Have cramps with periods
- Stomach gets sore all over
- Ears itch at times
- Had bladder infections
- Had urinary frequency or urgency
- Vaginal Discharge
- More nervouse than usual
- Often dizzy or light-headed
- Heart beats fast
- Constipation and/or diarrhea
- Mouth ulcers

Total number of check marks First Set

Second Set

- Crave sugar, desserts or chocolate
- Crave breads and/or pastries
- Hypoglycemia (low blood sugar)
- Feel tired most of the time
- Feel "spacey" and unreal
- Took antibiotics in the past few years
- Tooksteroids in the past year
- Have Premenstrual Syndrome (PMS)
- Have allergic symptoms often
- Strong perfumes make me sick
- Have had skin or nail fungus
- Have trouble thinking clearly
- Noticed numbness or tingling
- Pains in stomach
- Chronic rashes or itching
- Had nausea and sick stomach
- Joints ache at times
- Muscles ache more often
- Have depression fairly often
- Have headaches frequently
- Have Chronic Fatigue Syndrome
- Have Type II Diabetes
- Significantly overweight
- Have psoriasis
- Have Mitral Valve Prolapsed
- Nasal congestion, post nasal drip
- Cough or recurrent bronchitis
- Bruise easily
- Have osteoporosis

Total number of check marks Second Set

First Set

Total number of checks x1

Second Set

Total number of checks x2

Total

1st set + 2nd set

Scoring

- Below 6 - No yeast overgrowth
- 7 to 12 - Minimal yeast overgrowth
- 13 to 20 Moderate yeast overgrowth
- 21 and higher - Severe yeast overgrowth